



QLD SONIC DRAGONS

Season 2016-17



WINNING
ISN'T EVERYTHING,
BUT WANTING
TO WIN IS.



YOU'RE PART
OF A TEAM.
SOMETHING BIGGER.
WHEN SOMEONE
IS SUCCESSFUL,
IT'S GOOD FOR THE
TEAM AS A WHOLE.
EVERYONE IS
IN IT TOGETHER.

Goals for the season:

- develop and challenge the Sonics as paddlers and persons
- participate in Queensland Championships
- participate in Australian Championships
- have fun while doing it

Important dates:

Event	Date
Season Launch/Training	31 July
Training	21 August
Regatta	4 September
Training	17 September
Training	22 or 23 October
Regatta	30 October
Training	26 or 27 November
Regatta	4 December
Training/X-Mas party	10 December
Training Camp - Tallebudgera	20 to 22 January (dependent on interest)
Regatta	29 January
Regatta	12 February
Training	25 or 26 February
Regatta	5 March
Training	18 or 19 March
State Titles	25 to 26 March
Training	8 or 9 April
Australian Championships	18 to 24 April

Locations of training to be confirmed - this will depend on the mix of clubs participating.

What to bring to training: paddling gear including a hat, sunscreen, water, post training snack, positive attitude

What to bring to regattas: same as training, food for the day, jerseys provided.

Stay in touch with the Sonics: <https://www.facebook.com/groups/222722407780840/>

Contacts:

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